

## Qtips

1. Support educators as they move beyond course embedded SEL strategies to authentic interactive approaches.
2. Examine systematic steps to interact, invest and maximize all options of connection/communication to support and build capacity in students
3. SEL corresponds to QM Standards 5.2, 5.3, and 5.4 to NSQ Teaching Standards C3, C4, C5, D2, D4, F6, and F7.

*Vulnerability is not weakness; It's our most accurate measure of courage.*  
- Brene Brown

## Reflect

1. How do you move beyond SEL course embedded content and leverage tools to ensure authentic experiences for your students?
2. How can leaders in your organization model and provide SEL experiences for your online educators that transfer to practices with students?
3. When considering the QM K-12 Standards and NSQ Standards for Online Teaching, how does that tie to SEL from an intentional, purposeful, and vulnerable place that is beyond what is embedded in the course?

## Don't Forget

## Questions

## Q-it Up

*How will you use what you learned?  
List your ideas.*